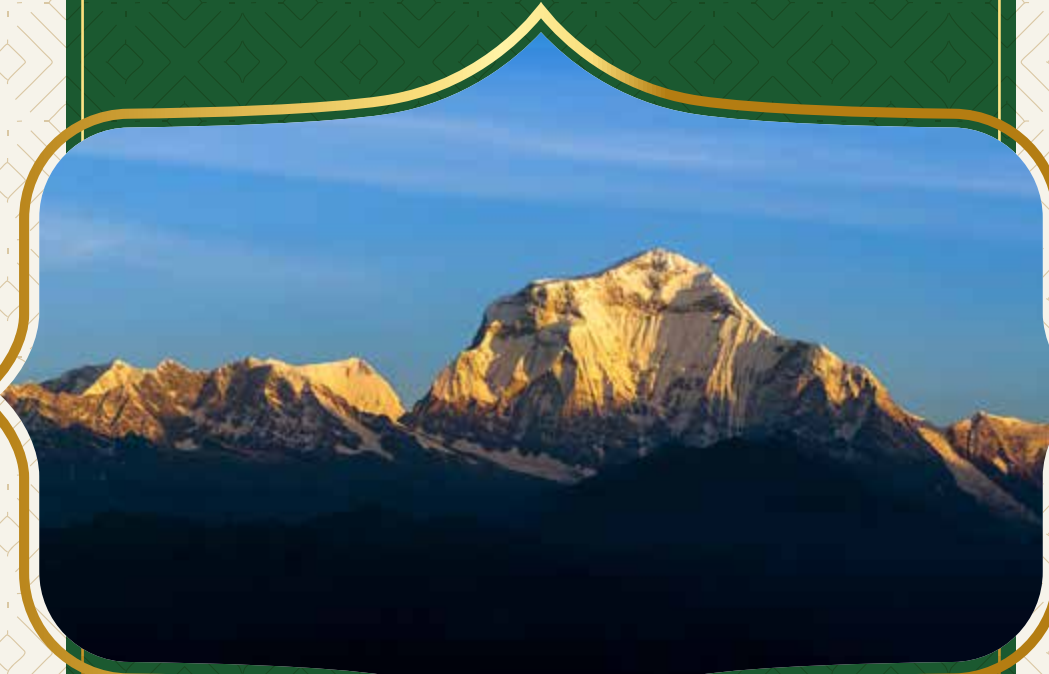




**GURKHA BAYNJAN**

**NEPALESE CUISINE**



**DINE IN  
MENU**

[WWW.GURKHABAYNJAN.CO.UK](http://WWW.GURKHABAYNJAN.CO.UK)



Dear valued guests,

Welcome to Gurkha Baynjan..

In our Baynjan, we offer an authentic taste of Asian cuisine, particularly of the Indian subcontinent.

Nepal, laying in between India and China, is a country blessed by the scenic panorama of The Himalayas, towering hills and dense forests. It is homeland of the Gurkhas and most notably, the roof of the World; Mt. Everest or 'Sagarmatha' in Nepali.

Nepal is a cultural mosaic of diverse communities with different ethnic and tribal identities which bear their own individual traditions and languages. Interestingly, some of these cultures are closely linked to our giant neighbours, most prominently, in the field of culinary. Moreover, local merchants and Gurkhas alike have travelled to the far reaches of Asia or around the world; importing some of the tastes from far beyond our landlocked surroundings.

Therefore, Nepali cuisine is a most unique blend of both Indian and oriental flavours hence making it entirely delectable. The Gurkha Baynjan aims to represent our dishes derived from home, and so our chefs meticulously and freshly prepare the dishes to reflect an authentic taste.

Please do feel free to ask any inquiries about what you may order! We also value your suggestions and comments to improve our services

Thank you for visiting us ...

The Gurkha Baynjan Team

## ~ CONDIMENTS ~

PLAIN/SPICY POPODUM WITH PICKLE TRAY  £1.20 per person

## ~ APPETISER ~

- GURKHA SPECIAL PLATTER** (min 2 ppl)  £7.50 per person  
Assortment of chargrilled salmon, lamb & chicken tika with lollypop chicken wings
- BAYNJAN MIXED STARTER** (min 2 ppl)  £6.95 per person  
Mix platter of chicken & lamb tika, veg somosa and aloo tiki
- SEKUWA LAMB** £6.95  
Tender pieces of lamb grilled in Nepalese style
- HONEY LAMB CHOP** £6.95  
Glazed in honey & herbs
- CHICKEN TIKA**  £6.50  
Pieces of chicken breast marinated and cooked in herbs, spices and yoghurt
- CHICKEN LOLLYPOP** £5.95  
Deep fried chicken wings battered in garam flour and chicken-mix
- SALMON TIKA** £7.50  
Diced salmon fillet marinated in mustard seed, curry leaf and spices
- CALAMARI PIRI-PIRI** £6.50  
Fried squid toasted in curry leaf, green chilli and red onion
- KING PRAWN BUTTERFLY** £6.50  
Deep fried king prawn coated in breadcrumb
- MOMO (CHICKEN OR VEGETABLE)**  £5.50  
Steamed dumpling (a popular Nepalese street food)
- SWEET CHILLI CHICKEN** £5.95  
Deep fried chicken flavoured in homemade sweet chilli sauce
- VEG SAMOSA**  £4.95  
Spiced mix of veg or chicken stuffed in pastry and deep fried
- ONION BHAJI**  £4.95  
Deep fried and crunchy battered onion
- ALOO TIKI**  £4.95  
Mashed potato mixed with green peas and spinach coated in corn flour, deep fried

### ALLERGY INFORMATION

 - Dairy |  - Gluten |  - nuts |  - Vegetarian

Food prepared here may contain or have come in contact with nuts, dairy or wheat.  
Please inform a member of staff if a person in your party has food allergy.

## ~ MAIN COURSE ~

15. **HIMALI CHICKEN** Medium Hot **£11.50**  
Freshly cooked in Nepali style with garlic, ginger, onion, tomato and coriander
16. **EVEREST LAMB** Medium Hot **£12.95**  
Freshly cooked with ginger/garlic/onion/tomato in Nepali masala sauce
17. **HILL BOY CHICKEN / LAMB** Medium Hot **£11.50 / £12.95**  
Marinated chicken or lamb tika cooked with ginger/garlic/fenugreek leaf
18. **BAYNJAN SPECIAL CHICKEN** Ⓛ **£11.50**  
Freshly cooked in Chef's specially blended creamy sauce
19. **KATHMANDU CHICKEN** **£11.50**  
Freshly cooked with ginger/mustard seed/curry leaf/green chilli and coconut milk (a popular dish)
20. **MUSTANG LAMB** Medium Hot **£12.95**  
Slow cooked aromatic lamb served in sealed pot
21. **CHILLI CHICKEN** Hot **£11.50**  
Stir fried, lightly battered chicken in Nepalese style with onion, pepper, green chilli & tomatoes
22. **PALTANE MESSING** Medium Hot **£11.50**  
Pork meat cooked in Gurkha style with pak choi. Most commonly enjoyed food in Gurkha barracks
23. **GURKHA SPECIAL CHICKEN CURRY** Medium Hot **£11.50**  
Toasted in methi seed, dry chilli and cooked in very way to compliment a Nepalese authenticity
24. **METHI MALAI CHICKEN** **£11.50**  
Freshly cooked in chef's special sauce with fenugreek, tomato and touch of cream
25. **PUDINA LAMB** **£12.95**  
Freshly cooked lamb in Nepali style with garlic, ginger, onion, tomato and mint
26. **FEWA KING PRAWN** Ⓛ **£16.95**  
Extra large king prawns cooked with pepper and mango sauce with touch of fresh cream
27. **POKHARELI FISH CURRY** Ⓛ **£13.95**  
Lightly fried fish cooked in deep fried ginger and mustard seed blended in coconut milk and tamarind sauce

28. **CHICKEN / LAMB SAAG** Medium Hot **£11.55 / £12.95**  
Freshly cooked chicken or lamb with baby spinach
29. **CHOWMEIN VEG/CHICKEN/PRAWN** **£10.50 / £11.50**  
Stir fried egg noodle cooked in traditional style
30. **BIRYANI CHICKEN/LAMB/VEG** **£10.95 / £13.95**  
Served with cucumber raita

**Note:** We also serve some of traditional Indian dishes mainly Tika Masala/ Korma/ Karai / Jalfrezi and Dansak. Please ask for an availability

## ~ FROM CLAY OVEN ~

31. **TANDOORI CHICKEN** **£13.95**  
Marinated chicken breast and thigh cooked in clay oven. Served with chips and salad
32. **CHICKEN TIKA** Ⓛ **£11.50**  
Marinated chicken breast cooked in yoghurt & spices
33. **LAMB SEKUWA** **£12.95**  
Succulent lamb marinated in well rounded masala and cooked with touch of mango sauce
34. **HONEY LAMB CHOP** **£12.95**  
Glazed in honey and herbs, char grilled
35. **SALMON TIKA** **£13.95**  
Diced Salmon fillet marinated in mustard seed, cooked in Nepalese way
36. **TANDOORI KING PRAWN** **£15.95**  
Extra large king prawns marinated in Nepalese spices
37. **JHIR** **£17.95**  
Assorted meat of lamb/chicken/port & prawn in a hanging skewer, served with chips and garlic butter

## ~ ORIENTAL DISHES ~

(Served with lemon or plain rice)

- |   |               |
|---|---------------|
| <b>38. HARIYO CHICKEN</b>   | <b>£15.50</b> |
| Thai styled chicken cooked in coconut milk, green sauce                               |               |
| <b>39. THAI RED PRAWN CURRY</b>   | <b>£15.95</b> |
| Prawin cooked in red curry sauce with mix pepper, spring onion and coconut milk       |               |
| <b>40. ORIENTAL CHICKEN CURRY</b>   | <b>£15.50</b> |
| Chicken cooked with oyster mushroom and green peas in chef`s special sauce            |               |
| <b>41. STIR-FRY VEG</b>   | <b>£13.50</b> |
| Pak Choy & Simgee mushroom cooked in ginger/garlic and oyster sauce                   |               |
| <b>42. SWEET CHILLI CHICKEN</b>   | <b>£14.50</b> |
| Fried chicken battered in potato flour cooked in specially blended sweet chilli sauce |               |
| <b>43. STIR-FRY PRAWN</b>   | <b>£14.95</b> |
| Cooked with Sitaki mushroom, carrots, tomato, spring onion & Oyster sauce             |               |

## ~ SIDE DISHES ~

- |   |              |
|---|--------------|
| <b>44. MIXED VEG</b> ✓                        | <b>£5.50</b> |
| Stir-fry, chef`s selected seasonal vegetables |              |
| <b>45. SAAG ALOO</b> ✓                        | <b>£4.50</b> |
| Baby spinach and potatoes                     |              |
| <b>46. BOMBAY ALOO</b> ✓                      | <b>£4.50</b> |
| Tenderly cooked potato on cumin seed          |              |
| <b>47. KERAU PANEER</b> ✓                     | <b>£4.95</b> |
| Paneer & green peas                           |              |
| <b>48. SAAG PANEER</b> ✓                      | <b>£4.95</b> |
| Paneer & baby spinach                         |              |
| <b>49. PALUNGO</b> ✓                          | <b>£3.95</b> |
| Lightly fried spinach on olive oil            |              |
| <b>50. TAREKO DAAL</b> ✓                      | <b>£4.50</b> |
| Yellow lentil with herb and spices            |              |
| <b>51. GULIYO MAKAI</b>                       | <b>£4.50</b> |
| Sweet corn with methi and cream               |              |
| <b>52. BUTTER MUSHROOM</b>                    | <b>£4.50</b> |
| Mushroom with garlic butter and cream         |              |
| <b>53. CHIPS</b> ✓                            | <b>£3.70</b> |

## ~ RICE ~

- |                                |              |
|--------------------------------|--------------|
| <b>54. PLAIN RICE</b>          | <b>£3.00</b> |
| <b>55. PILAU RICE</b>          | <b>£3.20</b> |
| <b>56. MUSHROOM FRIED RICE</b> | <b>£3.70</b> |
| <b>57. EGG FRIED RICE</b>      | <b>£3.70</b> |
| <b>58. SPECIAL FRIED RICE</b>  | <b>£4.70</b> |

## ~ BREAD ~

- |                                |              |
|--------------------------------|--------------|
| <b>59. PLAIN NAAN</b> Ⓞ ⓓ      | <b>£2.95</b> |
| <b>60. PESHWARI NAAN</b> Ⓞ Ⓝ ⓓ | <b>£3.20</b> |
| <b>61. GARLIC NAAN</b> Ⓞ ⓓ     | <b>£3.20</b> |
| <b>62. KEEMA NAAN</b> Ⓞ ⓓ      | <b>£3.50</b> |
| <b>63. CHAPATI</b> Ⓞ           | <b>£1.95</b> |

## CHILDREN MENU £6.50

CHICKEN NUGGET AND CHIPS

FISH & CHIPS

SCAMPI & CHIPS

CHICKEN/VEG FRIED NOODLE

SMALL PORTION CHICKEN TIKA MASALA OR KORMA

(served with rice or chips)

### ALLERGY INFORMATION

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**NEPALESE CUISINE**

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